

Age Group Results

## Female 20 to 24

Place		Name	Age	Swim		T1	Bike		T2	Run		Total			
Overall	Rnk			Time	Rate		Rnk	Time		Rate	Rnk		Time	Pace	
1	1	Katie Engeln	22	1	14:22.4	36.8	1:07.1	1	40:14.7	19.4	0:42.1	1	23:17.0	7:31	1:19:43.5
2	24	Kathleen O'Connell	24	2	17:23.4	30.4	2:45.7	2	45:10.6	17.3	1:21.5	3	27:58.3	9:01	1:34:39.6
3	32	Susan Stanley	23	3	19:36.7	26.9	2:53.2	4	52:02.1	15.0	1:04.0	2	25:56.3	8:22	1:41:32.6
4	45	Vernissia Tam	22	6	24:57.6	21.2	2:23.5	3	48:41.2	16.0	0:49.3	5	30:25.8	9:49	1:47:17.6
5	55	Christina Velasquez	24	4	23:40.8	22.3	4:10.4	5	53:58.8	14.5	1:52.5	4	29:01.1	9:22	1:52:43.9
6	70	Lindsay Young	23	5	24:02.2	22.0	4:15.2	7	59:11.0	13.2	1:14.6	6	32:12.0	10:23	2:00:55.2
7	80	Christina Welsh	22	7	36:58.7	14.3	2:24.4	6	58:58.9	13.2	1:53.5	7	34:11.5	11:02	2:14:27.1

## Female 25 to 29

Place		Name	Age	Swim		T1	Bike		T2	Run		Total			
Overall	Rnk			Time	Rate		Rnk	Time		Rate	Rnk		Time	Pace	
1	6	Amy Garland	28	2	17:32.5	30.1	1:29.8	2	42:16.0	18.5	1:22.3	3	26:17.4	8:29	1:28:58.1
2	15	Kathryn Brignole	28	6	19:54.1	26.5	2:29.1	1	40:57.8	19.0	1:35.7	5	27:20.3	8:49	1:32:17.2
3	16	Gina Altekruise	26	4	18:30.3	28.5	2:18.9	4	44:53.0	17.4	1:09.6	1	25:33.7	8:15	1:32:25.7
4	22	Casie Hall	25	8	20:28.8	25.8	1:38.7	3	43:36.7	17.9	1:18.3	6	27:23.3	8:50	1:34:26.0
5	27	Taite McDonald	29	3	17:58.9	29.4	3:19.0	6	46:03.2	16.9	1:17.0	8	29:22.6	9:28	1:38:00.8
6	34	Sara Berberich	25	1	15:31.4	34.0	3:29.9	9	50:27.3	15.5	2:30.6	9	30:32.5	9:51	1:42:31.9
7	35	Katie Ogle	29	10	21:46.5	24.3	3:44.4	7	46:19.9	16.8	2:47.9	7	27:53.6	9:00	1:42:32.6
8	41	Jessica Stowell	27	14	23:27.4	22.5	2:11.5	12	52:12.3	14.9	0:59.4	2	26:10.7	8:26	1:45:01.4
9	43	Laura Goodman	26	11	22:46.0	23.2	3:16.6	13	52:12.6	14.9	1:00.2	4	27:06.7	8:45	1:46:22.3
10	44	Jenny Schultz	25	13	23:18.3	22.7	3:52.0	5	44:55.2	17.4	1:50.7	12	32:36.7	10:31	1:46:33.0
11	46	Kyra Bostroem	26	5	19:31.3	27.1	2:41.0	8	47:42.4	16.4	2:10.4	16	35:16.4	11:23	1:47:21.8
12	47	Lauren Hamlin	29	9	21:23.6	24.7	2:04.0	11	51:59.0	15.0	1:09.7	10	30:48.6	9:56	1:47:25.1
13	56	Julie O'Donoghue	29	7	20:20.9	26.0	2:39.8	15	55:41.1	14.0	2:29.3	11	31:42.6	10:14	1:52:53.8
14	57	Kerry Davis	27	12	23:05.1	22.9	2:27.6	10	51:16.1	15.2	2:08.1	14	34:15.0	11:03	1:53:12.2
15	62	Dee-Ann Guartuche-Smith	29	16	25:18.0	20.9	2:02.1	14	52:42.1	14.8	2:08.6	15	34:31.3	11:08	1:56:42.3
16	65	Tammy Johns	28	15	24:07.5	21.9	2:23.8	16	56:21.1	13.8	0:53.9	13	33:48.2	10:54	1:57:34.6

\*Overall place among females only

## Female 30 to 34

Place		Name	Age	Swim		T1	Bike		T2	Run		Total			
Overall	Rnk			Time	Rate	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	2	Maura Carroll	33	1	14:33.4	36.3	1:32.6	1	40:42.8	19.2	1:10.7	1	23:53.6	7:42	1:21:53.3
2	13	Kristy Lutz	30	5	20:47.8	25.4	1:33.0	2	40:57.1	19.0	1:00.7	3	26:51.0	8:40	1:31:09.8
3	18	Jayme Hill	33	3	19:49.0	26.6	2:24.5	4	42:26.2	18.4	1:21.5	4	27:26.7	8:51	1:33:28.0
4	23	Elissa Schoedel	31	4	20:09.9	26.2	1:55.2	3	41:25.9	18.8	1:03.5	10	29:57.8	9:40	1:34:32.5
5	28	Jennifer McCarty	31	7	21:52.4	24.1	1:54.3	5	43:14.0	18.0	1:24.0	9	29:57.0	9:40	1:38:21.9
6	31	Glenda Rodriguez	30	11	24:58.2	21.1	1:57.8	6	45:49.9	17.0	2:09.5	2	25:39.5	8:16	1:40:35.0
7	37	Sara Smith	33	2	18:45.6	28.2	2:35.3	7	46:07.5	16.9	1:29.6	11	33:48.5	10:54	1:42:46.8
8	39	Amy Moore	34	8	22:33.8	23.4	3:03.5	8	48:00.8	16.3	1:26.0	8	29:27.6	9:30	1:44:31.9
9	40	Beth Musick	31	6	20:51.1	25.3	2:53.9	11	50:24.7	15.5	1:12.6	7	29:19.8	9:27	1:44:42.3
10	49	Danielle Truskowski	34	10	24:05.6	21.9	2:35.9	9	49:29.7	15.8	2:36.3	5	28:40.6	9:15	1:47:28.2
11	53	Carrie Parrott	34	12	24:59.1	21.1	2:27.6	10	49:44.8	15.7	2:00.4	6	29:16.5	9:26	1:48:28.7
12	63	Mendy Johnson	32	9	22:45.9	23.2	4:06.4	12	52:13.1	14.9	2:10.4	13	35:52.7	11:34	1:57:08.7
13	69	Molly Inman	33	13	27:29.0	19.2	2:39.9	14	53:56.3	14.5	1:14.2	12	34:03.5	10:59	1:59:23.1
14	75	Jennifer Kobrick	34	14	30:57.4	17.1	2:27.7	15	54:35.8	14.3	0:48.7	14	36:34.5	11:48	2:05:24.2
15	86	Jill Lawrence	34	15	37:17.3	14.2	3:03.7	13	52:37.8	14.8	2:05.3	15	49:54.6	16:06	2:24:58.8

## Female 35 to 39

Place		Name	Age	Swim		T1	Bike		T2	Run		Total			
Overall	Rnk			Time	Rate	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	4	Lisa Goines	38	1	14:58.1	35.3	1:30.4	3	40:30.2	19.3	1:00.0	3	25:31.3	8:14	1:23:30.1
2	7	Susan Weaver	38	5	21:56.8	24.1	1:51.3	1	39:34.2	19.7	0:59.0	4	25:35.0	8:15	1:29:56.4
3	10	Julie Petrousky	38	2	16:01.0	33.0	2:01.9	6	43:39.8	17.9	1:35.9	6	27:44.5	8:57	1:31:03.3
4	11	Heather Nelson	35	4	20:18.1	26.0	2:10.0	5	43:14.6	18.0	0:50.3	2	24:33.0	7:55	1:31:06.2
5	17	Jennifer Perkovich	38	7	22:55.7	23.0	1:34.5	4	42:05.3	18.5	1:33.8	1	24:22.0	7:52	1:32:31.4
6	21	Aimee Carlesi	39	6	22:38.7	23.3	1:50.0	2	39:50.2	19.6	1:14.3	8	28:35.4	9:13	1:34:08.8
7	25	Kristen Pettrone	37	3	18:07.3	29.1	1:48.1	8	48:58.1	15.9	0:52.4	5	26:43.9	8:37	1:36:30.1
8	36	Karen Pluebell	36	11	24:14.3	21.8	2:25.3	7	44:15.0	17.6	1:57.2	9	29:54.7	9:39	1:42:46.7
9	58	Jennifer Williams	36	8	23:42.0	22.3	2:56.4	12	52:29.8	14.9	2:01.5	11	33:02.5	10:39	1:54:12.4

\*Overall place among females only

Age Group Results

## Female 35 to 39

Place		Name	Age	Swim		T1	Bike		T2	Run		Total			
Overall	Rnk			Time	Rate		Rnk	Time		Rate	Rnk		Time	Pace	
10	60	Trista Gordon	35	10	23:52.4	22.1	3:05.3	11	52:05.3	15.0	2:16.8	12	34:05.0	11:00	1:55:25.0
11	61	Shelley Seibert	39	12	24:18.0	21.7	5:23.3	14	56:26.7	13.8	1:39.3	7	28:04.1	9:03	1:55:51.6
12	66	Jennifer Smoot	35	13	24:28.7	21.6	3:42.8	9	50:47.1	15.4	1:26.7	14	37:15.4	12:01	1:57:40.8
13	71	Renee O'Mailey	35	17	28:51.7	18.3	2:31.2	16	58:38.1	13.3	1:25.7	10	30:54.9	9:58	2:02:21.8
14	72	Claudia Harding	35	9	23:49.1	22.2	3:26.6	10	51:47.6	15.1	2:16.9	16	41:25.0	13:22	2:02:45.5
15	76	Melissa Kyle	36	16	27:46.9	19.0	3:30.0	13	56:23.3	13.8	1:00.7	13	37:04.7	11:57	2:05:45.7
16	78	Alicia Cignatta	35	15	27:21.9	19.3	3:07.6	15	58:33.1	13.3	2:39.6	15	39:47.4	12:50	2:11:29.8
17	79	Alison Frey	39	14	24:32.5	21.5	3:49.2	17	59:06.8	13.2	2:08.8	17	44:25.5	14:20	2:14:03.0

## Female 40 to 44

Place		Name	Age	Swim		T1	Bike		T2	Run		Total			
Overall	Rnk			Time	Rate		Rnk	Time		Rate	Rnk		Time	Pace	
1	3	Colleen Hughes	42	1	18:14.5	29.0	1:31.2	1	39:01.7	20.0	1:02.9	1	22:44.4	7:20	1:22:34.8
2	8	Lois King	42	2	18:32.4	28.5	2:08.7	2	39:02.9	20.0	1:21.9	5	29:19.4	9:27	1:30:25.4
3	9	Kimberly Ricci	43	3	18:47.1	28.1	2:41.4	6	44:01.8	17.7	1:07.2	2	24:23.5	7:52	1:31:01.2
4	14	Mayra Krueger	44	4	20:18.2	26.0	2:08.7	3	41:10.1	18.9	1:19.6	4	26:53.4	8:40	1:31:50.2
5	20	Margaret Jessell	44	5	20:59.2	25.2	2:36.0	5	43:06.2	18.1	2:14.9	3	25:10.2	8:07	1:34:06.7
6	29	Laura Blair	41	8	22:38.5	23.3	2:03.3	4	42:49.5	18.2	1:54.9	6	29:24.0	9:29	1:38:50.3
7	59	Audra Whitelock	40	7	22:07.6	23.9	2:46.4	10	53:18.0	14.6	2:42.4	7	33:48.3	10:54	1:54:43.0
8	64	Susan Mastellone	40	6	21:26.1	24.6	3:57.4	8	51:19.3	15.2	2:07.1	10	38:27.2	12:24	1:57:17.3
9	73	Sandra Abel	44	10	28:02.0	18.8	3:46.6	9	52:49.0	14.8	3:48.1	8	34:53.3	11:15	2:03:19.2
10	77	Netra Thakur	43	11	33:23.0	15.8	3:08.4	11	55:06.3	14.2	1:12.8	9	36:34.8	11:48	2:09:25.5
11	82	Melanie Goss	44	13	36:10.9	14.6	4:12.5	12	56:33.4	13.8	1:42.7	11	38:41.3	12:29	2:17:21.0
12	83	Lauren Gordon	40	12	35:21.5	14.9	1:15.1	13	58:19.1	13.4	1:31.7	13	40:53.7	13:11	2:17:21.2
13	85	Monique Ellison	40	14	48:52.0	10.8	4:25.5	7	49:35.5	15.7	2:18.5	12	39:18.4	12:41	2:24:30.0
DNF	DNF	Jill Showalter	44	9	27:38.6	19.1	3:19.6								

\*Overall place among females only

Age Group Results

## Female 45 to 49

Place		Name	Age	Swim		T1 Time	Bike		T2 Time	Run		Total Time			
Overall	Rnk			Time	Rate		Rnk	Time		Rate	Rnk		Time	Pace	
1	5	Marianne Myrtue	49	1	19:45.8	26.7	1:30.6	1	40:05.6	19.5	0:55.2	1	23:28.4	7:34	1:25:45.7
2	33	Cynthia Dahl	46	5	24:49.5	21.3	2:04.9	3	47:31.3	16.4	0:56.8	2	26:37.7	8:35	1:42:00.4
3	38	Joanne Davis	48	2	21:22.5	24.7	2:20.8	2	45:25.3	17.2	1:42.7	5	33:01.8	10:39	1:43:53.4
4	54	Elizabeth Bangert	47	3	22:39.9	23.3	2:57.0	5	52:13.2	14.9	1:24.3	4	32:16.7	10:25	1:51:31.3
5	67	Cathy Pascale	46	6	26:22.5	20.0	2:27.9	6	56:02.4	13.9	1:22.8	3	31:57.3	10:18	1:58:13.0
6	68	Julianne Sterrett	45	4	24:32.7	21.5	2:26.8	4	50:49.5	15.3	1:14.1	6	39:57.3	12:53	1:59:00.5

## Female 50 to 54

Place		Name	Age	Swim		T1 Time	Bike		T2 Time	Run		Total Time			
Overall	Rnk			Time	Rate		Rnk	Time		Rate	Rnk		Time	Pace	
1	19	Nancy Heffernan	50	1	18:57.6	27.9	2:13.4	1	42:32.0	18.3	1:12.1	2	28:38.0	9:14	1:33:33.3
2	26	Liddy Marquez	50	4	22:28.8	23.5	2:10.9	3	44:15.3	17.6	0:58.0	1	26:49.8	8:39	1:36:43.1
3	30	Kay Carney	51	2	19:53.1	26.6	2:00.1	2	43:40.4	17.9	1:50.6	6	32:41.6	10:33	1:40:06.0
4	42	Katherine Krieger	52	6	24:26.1	21.6	2:58.3	6	48:07.1	16.2	1:32.6	3	29:04.6	9:23	1:46:08.9
5	48	Cheryl Thim	50	7	25:14.8	20.9	3:13.5	4	44:29.0	17.5	2:10.4	5	32:20.0	10:26	1:47:27.9
6	50	Elaine Bowser	53	5	23:00.6	23.0	2:28.2	5	47:51.7	16.3	1:02.8	7	33:11.9	10:42	1:47:35.4
7	51	Laurie Bulka	51	3	22:05.3	23.9	2:57.2	7	49:10.1	15.9	2:03.9	4	31:26.9	10:08	1:47:43.6

\*Overall place among females only

Female 55 to 59

Place		Swim		T1	Bike		T2	Run		Total					
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>				
1	12	Mary Lou DiNardo	55	1	18:55.7	27.9	1:50.9	1	42:51.2	18.2	1:31.6	1	25:59.7	8:23	1:31:09.3
2	52	Karen Fales	55	2	21:48.5	24.2	3:38.9	2	46:16.7	16.9	1:19.7	2	34:45.1	11:13	1:47:49.0
3	74	Margaret Ivusich	55	5	29:23.2	18.0	2:43.9	3	54:12.4	14.4	1:21.4	3	35:41.2	11:31	2:03:22.3
4	81	Sallie Rixey	58	6	35:21.1	14.9	3:34.3	4	58:09.0	13.4	2:05.1	4	38:04.3	12:17	2:17:14.0
5	84	Lynne Hammel	57	3	27:20.8	19.3	3:04.1	5	59:28.0	13.1	2:55.7	5	50:38.2	16:20	2:23:26.9
6	87	Peggy Ollerhead	59	4	27:48.5	19.0	4:02.5	6	1:01:02.7	12.8	1:30.5	6	51:47.1	16:42	2:26:11.4

\*Overall place among females only

## Male 19 and under

Place		Swim		T1	Bike		T2	Run		Total					
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>				
1	24	Niklas Hammond	16	1	11:16.5	46.9	2:04.8	2	49:32.3	15.7	0:46.5	1	23:09.0	7:28	1:26:49.2
2	39	Destry Nelson		2	20:28.1	25.8	1:35.8	1	40:36.6	19.2	1:54.3	2	26:31.5	8:33	1:31:06.5
3	99	Erik Brasile	19	4	24:01.4	22.0	2:35.4	3	50:32.2	15.4	0:37.0	3	31:13.4	10:04	1:48:59.5
4	103	Austin Thim	16	3	23:45.3	22.2	3:58.7	4	53:09.5	14.7	0:59.9	4	31:30.3	10:10	1:53:23.8

## Male 20 to 24

Place		Swim		T1	Bike		T2	Run		Total					
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>				
1	5	David Foy	21	3	16:07.3	32.8	1:36.2	1	37:09.1	21.0	0:56.8	1	18:48.8	6:04	1:14:38.4
2	8	Jason Kremers	21	1	15:42.0	33.6	1:19.1	3	38:09.1	20.4	0:30.7	2	21:52.5	7:03	1:17:33.6
3	16	Val Vasquez	24	4	18:20.4	28.8	1:45.9	2	37:09.2	21.0	1:35.2	6	23:18.8	7:31	1:22:09.8
4	21	Michael Brandt	21	6	18:50.7	28.0	1:26.9	4	40:26.5	19.3	0:50.7	3	22:51.6	7:22	1:24:26.6
5	32	Brandon Dell	21	5	18:34.1	28.4	2:15.0	5	43:32.2	17.9	1:35.7	5	23:12.1	7:29	1:29:09.3
6	40	Justin Perry	23	2	15:52.1	33.3	3:09.4	8	46:36.4	16.7	0:40.8	7	25:18.1	8:10	1:31:37.0
7	47	Alex Angelidis	22	8	20:19.3	26.0	3:52.6	6	44:06.5	17.7	1:21.4	4	23:02.2	7:26	1:32:42.1
8	72	Tyler Street	23	10	21:24.5	24.7	4:50.1	7	44:33.1	17.5	1:40.2	9	26:32.0	8:34	1:39:00.1
9	78	Kyle Williams	21	12	24:44.0	21.3	2:37.9	10	48:02.0	16.2	0:35.8	8	25:47.2	8:19	1:41:47.0
10	82	David McKearin	23	9	20:42.6	25.5	2:03.8	11	49:41.3	15.7	0:49.1	10	29:22.2	9:28	1:42:39.2
11	98	Zachary Dunaway	22	7	19:29.4	27.1	6:31.3	9	47:38.3	16.4	1:22.1	11	33:28.4	10:48	1:48:29.7
12	109	Andrew Alger	21	11	22:36.9	23.4	2:42.8	12	57:34.7	13.5	1:23.7	12	33:41.6	10:52	1:57:59.9

\*Overall place among males only

## Male 25 to 29

Place				----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Samuel Wollner	25	1	11:39.8	45.3	1:14.3	1	37:37.4	20.7	0:51.1	3	23:10.5	7:28	1:14:33.2
2	9	Matthews Pierson	29	3	16:01.0	33.0	1:47.5	2	37:48.0	20.6	1:42.5	1	21:30.3	6:56	1:18:49.6
3	27	Nathan Waters	29	7	18:49.6	28.1	2:01.2	3	38:29.9	20.3	0:59.6	13	27:51.9	8:59	1:28:12.4
4	28	David Dundas	28	4	17:53.5	29.5	1:10.4	6	41:12.1	18.9	1:13.7	9	26:49.3	8:39	1:28:19.1
5	31	Benjamin Norkin	29	6	18:44.2	28.2	1:16.4	5	41:06.0	19.0	1:07.6	8	26:44.2	8:37	1:28:58.7
6	37	Jonathan Anderson	29	15	21:49.6	24.2	1:38.1	7	41:24.3	18.8	1:07.2	4	24:25.1	7:53	1:30:24.5
7	50	Steven Hoffman	27	2	15:55.2	33.2	2:02.7	9	43:50.6	17.8	1:12.4	17	29:53.5	9:38	1:32:54.6
8	54	Abner Alvarado	28	14	21:47.8	24.2	1:31.7	8	41:47.6	18.7	1:17.5	10	27:23.5	8:50	1:33:48.3
9	56	Tom Coale	29	8	20:20.3	26.0	1:51.2	12	44:15.0	17.6	1:27.0	6	26:12.3	8:27	1:34:06.0
10	60	Brian Crabtree	25	10	20:47.4	25.4	3:16.3	15	44:57.2	17.4	2:08.7	5	24:36.2	7:56	1:35:46.1
11	64	Adam Lloyd	26	13	21:30.7	24.6	2:35.4	10	44:00.0	17.7	1:25.1	7	26:32.9	8:34	1:36:04.3
12	70	Mike Jones	25	9	20:41.5	25.5	4:20.9	11	44:13.0	17.6	1:46.4	12	27:28.9	8:52	1:38:30.9
13	71	Weldon Hobbs	28	18	23:43.4	22.3	1:59.1	13	44:17.2	17.6	1:36.2	11	27:24.0	8:50	1:39:00.0
14	73	Michael Kloosterman	26	17	22:41.6	23.3	3:28.2	4	40:11.9	19.4	2:26.2	18	30:37.8	9:53	1:39:25.9
15	74	Mark Moylan	25	5	18:32.2	28.5	1:22.9	17	47:21.3	16.5	0:42.5	19	32:02.8	10:20	1:40:01.8
16	75	Seth Weinberg	26	12	21:11.8	24.9	2:52.8	16	46:39.1	16.7	1:03.4	14	28:54.8	9:19	1:40:42.1
17	81	Kevyn Allgeier	28	21	29:54.7	17.7	4:15.6	14	44:21.6	17.6	2:09.0	2	21:55.5	7:04	1:42:36.6
18	90	Chris Sweitzer	25	16	22:15.7	23.7	4:30.1	18	47:59.9	16.3	1:53.3	16	29:36.5	9:33	1:46:15.7
19	106	Matthew Wade	25	19	25:14.7	20.9	4:00.6	20	54:01.6	14.4	1:43.4	15	29:11.6	9:25	1:54:12.1
20	107	Bradley Alger	29	11	21:05.1	25.0	2:31.6	19	53:48.4	14.5	1:02.3	21	37:08.5	11:59	1:55:36.0
21	111	Eric FitzGerald	26	20	29:42.2	17.8	4:33.4	21	57:49.8	13.5	1:18.6	20	33:19.8	10:45	2:06:44.0

\*Overall place among males only

## Male 30 to 34

Place		Name	Age	Swim		T1	Bike		T2	Run		Total			
Overall	Rnk			Time	Rate	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	7	Robert Racek	34	2	15:41.2	33.7	0:53.4	3	38:07.0	20.5	0:56.6	1	21:21.4	6:53	1:16:59.9
2	11	Gregory Navaline	32	3	15:53.2	33.2	1:42.9	2	37:09.5	21.0	1:08.2	5	24:16.1	7:50	1:20:10.0
3	12	Kevin Gingras	33	7	19:01.6	27.8	1:36.2	1	35:42.6	21.8	1:32.8	3	22:20.3	7:12	1:20:13.7
4	18	Steve Dellis	33	4	16:22.7	32.3	1:47.8	4	39:09.9	19.9	1:36.2	6	24:57.6	8:03	1:23:54.3
5	19	Philip McGuire	32	8	19:07.2	27.6	1:23.5	5	40:24.6	19.3	1:03.8	2	21:55.2	7:04	1:23:54.6
6	35	Brandon Pacifico	32	6	18:19.4	28.8	1:41.5	9	42:14.3	18.5	0:51.0	10	26:56.1	8:41	1:30:02.6
7	53	Daniel Laucks	31	5	18:15.9	28.9	2:31.9	10	42:28.6	18.4	2:00.9	12	28:13.1	9:06	1:33:30.5
8	57	Ben Alston	30	12	20:03.0	26.3	2:48.0	13	44:53.1	17.4	1:00.6	8	26:02.4	8:24	1:34:47.2
9	58	Clint Tustison	34	11	19:37.8	26.9	1:52.2	6	41:08.0	19.0	2:11.8	13	30:00.0	9:41	1:34:50.0
10	61	Randy Christman	33	17	24:28.1	21.6	2:41.6	11	42:38.4	18.3	1:55.1	4	24:06.3	7:46	1:35:49.7
11	63	Christopher Demski	33	16	23:44.6	22.2	2:22.8	8	41:39.2	18.7	1:02.0	11	27:09.9	8:45	1:35:58.6
12	65	Joe Laszczak	30	9	19:24.7	27.2	1:59.4	7	41:13.3	18.9	2:00.7	16	31:33.0	10:11	1:36:11.2
13	69	Brian Teufel	31	15	21:01.8	25.1	2:40.9	14	46:46.2	16.7	1:57.5	7	25:26.5	8:12	1:37:53.1
14	77	Todd Oppenheim	32	13	20:04.6	26.3	3:34.2	18	48:56.5	15.9	2:13.3	9	26:39.9	8:36	1:41:28.7
15	89	Jason Ayoub	34	19	26:51.9	19.7	3:15.8	12	43:20.4	18.0	1:35.7	14	30:40.2	9:54	1:45:44.2
16	94	Matthew Kucharski	30	18	25:04.0	21.1	2:06.9	17	47:26.4	16.4	1:19.5	15	30:47.9	9:56	1:46:44.9
17	95	Samuel Hecker	34	14	20:10.8	26.2	2:36.7	19	49:48.5	15.7	2:06.3	17	32:23.9	10:27	1:47:06.4
18	100	Vincent Hardick	33	10	19:36.8	26.9	3:16.3	15	46:51.6	16.6	2:01.8	18	39:28.7	12:44	1:51:15.4
DNF	DNF	Daniel Proulx	34	1	13:42.8	38.5	1:06.0	16	46:58.8	16.6					

\*Overall place among males only

## Male 35 to 39

Place		Name	Age	Swim		T1	Bike		T2	Run		Total			
Overall	Rnk			Time	Rate		Rnk	Time		Rate	Time		Pace	Time	
1	1	Arthur Mathisen	39	1	13:27.8	39.3	0:51.7	1	33:02.2	23.6	0:42.5	1	18:25.0	5:56	1:06:29.2
2	2	Robert Tisch	39	2	13:41.5	38.6	0:38.8	3	36:58.3	21.1	0:50.7	2	19:43.2	6:22	1:11:52.7
3	10	Peter Stephan	39	3	15:58.8	33.1	2:02.4	2	35:54.0	21.7	1:00.5	5	24:09.9	7:47	1:19:05.7
4	20	Kevin Hadlock	37	7	19:26.9	27.2	1:14.5	4	38:14.6	20.4	1:15.2	6	24:11.2	7:48	1:24:22.6
5	22	Robert Upton	38	5	18:25.9	28.7	2:16.3	7	40:48.6	19.1	0:46.2	4	23:30.5	7:35	1:25:47.8
6	30	Michael Levy	39	4	17:25.2	30.3	1:50.0	10	43:24.6	18.0	1:18.4	7	24:46.1	7:59	1:28:44.5
7	36	Adam Palmer	35	14	22:03.8	23.9	2:23.2	9	42:30.0	18.4	1:05.0	3	22:04.5	7:07	1:30:06.7
8	44	Daniel Williams	36	16	22:35.6	23.4	3:25.5	6	39:42.3	19.6	1:22.0	9	25:26.6	8:12	1:32:32.1
9	45	Evan Shulman	37	6	19:07.2	27.6	2:11.3	12	44:07.7	17.7	1:03.1	11	26:06.4	8:25	1:32:35.9
10	46	Rob Malone	38	11	20:26.0	25.8	2:13.4	8	41:54.0	18.6	1:24.4	12	26:39.1	8:36	1:32:37.0
11	62	Jason Carlesi	39	15	22:09.4	23.8	4:05.9	5	38:47.8	20.1	1:32.0	14	29:22.2	9:28	1:35:57.4
12	68	David Blair	39	17	23:40.2	22.3	2:07.4	13	44:19.1	17.6	2:00.0	8	24:50.0	8:01	1:36:56.9
13	83	Tyler Wood	35	8	19:44.0	26.8	2:36.0	16	49:14.0	15.8	1:00.9	15	30:11.8	9:44	1:42:46.9
14	86	Ken Denski	35	13	21:57.2	24.1	4:38.3	15	48:22.4	16.1	2:08.5	10	26:05.9	8:25	1:43:12.4
15	87	Scott Amey	39	9	19:58.6	26.4	3:01.5	14	46:59.1	16.6	1:21.9	16	32:09.7	10:22	1:43:31.0
16	88	Paul Kaup	35	10	20:00.7	26.4	2:42.5	11	43:40.8	17.9	1:27.0	17	36:06.9	11:39	1:43:58.1
17	96	John Marshall	38	12	21:09.4	25.0	4:03.7	17	54:00.1	14.4	1:19.4	13	27:07.0	8:45	1:47:39.8

## Male 40 to 44

Place		Name	Age	Swim		T1	Bike		T2	Run		Total			
Overall	Rnk			Time	Rate		Rnk	Time		Rate	Time		Pace	Time	
1	15	Bill Gildea	44	1	16:02.7	32.9	1:56.5	2	39:18.2	19.8	1:25.1	1	22:05.7	7:07	1:20:48.4
2	17	Dave Maranto	40	2	16:15.0	32.5	1:45.2	4	39:57.4	19.5	0:45.6	3	24:21.5	7:51	1:23:04.9
3	26	Ben Proctor III	40	4	17:54.8	29.5	4:02.2	8	41:44.6	18.7	1:35.1	2	22:15.7	7:11	1:27:32.5
4	29	Timothy Showalter	41	7	21:17.1	24.8	2:09.2	1	38:23.4	20.3	1:52.7	4	25:00.1	8:04	1:28:42.7
5	33	James Borchelt	44	5	18:21.6	28.8	2:28.0	6	40:51.1	19.1	0:45.0	6	26:44.4	8:37	1:29:10.3
6	48	Andrew Walsh	42	6	19:54.1	26.5	1:59.2	5	40:41.6	19.2	2:17.5	7	27:50.7	8:59	1:32:43.3
7	52	Daniel Tworney Jr	42	9	22:19.9	23.7	2:08.4	3	39:46.0	19.6	0:46.0	8	28:18.3	9:08	1:33:18.9

\*Overall place among males only

Age Group Results

## Male 40 to 44

Place		Swim		T1	Bike		T2	Run		Total					
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>				
8	66	Steve Dubois	40	8	21:50.9	24.2	2:34.6	9	43:25.8	18.0	2:08.4	5	26:14.6	8:28	1:36:14.5
9	76	Patrick Inman	42	10	22:25.6	23.6	3:02.1	12	46:16.5	16.9	1:07.0	9	28:30.8	9:12	1:41:22.2
10	79	Mike Hasson	43	11	22:31.6	23.4	3:40.4	7	41:33.8	18.8	2:16.6	10	32:01.6	10:20	1:42:04.2
11	85	Tim Brady	41	12	22:56.4	23.0	1:56.6	10	43:47.5	17.8	1:15.6	13	33:13.9	10:43	1:43:10.1
12	93	Edward Aldaco	43	3	17:47.0	29.7	3:33.0	13	50:22.5	15.5	1:43.3	11	33:10.5	10:42	1:46:36.5
13	97	Jason Marlow	40	13	24:35.9	21.5	4:14.8	11	44:35.4	17.5	1:42.0	12	33:11.5	10:42	1:48:19.8
14	112	Darryl Richmond	44	15	38:41.8	13.6	4:22.8	14	51:10.4	15.2	2:21.6	14	33:42.9	10:52	2:10:19.8
15	113	David Baseheart	40	14	35:28.2	14.9	4:08.3	15	53:09.4	14.7	2:51.6	15	42:56.3	13:51	2:18:34.1

## Male 45 to 49

Place		Swim		T1	Bike		T2	Run		Total					
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>				
1	3	Michael Wyatt	46	1	13:56.6	37.9	0:57.0	1	34:16.4	22.8	0:49.8	1	22:30.3	7:15	1:12:30.3
2	41	Jerome Wise	45	4	21:13.2	24.9	2:20.0	4	43:22.9	18.0	1:17.9	2	23:34.2	7:36	1:31:48.4
3	49	Gregory Goss	48	7	23:37.3	22.4	2:01.9	2	40:15.8	19.4	0:44.4	3	26:12.1	8:27	1:32:51.7
4	51	Bill Matthews	48	2	18:30.6	28.5	1:57.9	3	42:52.1	18.2	1:23.7	4	28:16.0	9:07	1:33:00.5
5	67	David Thiruselvam	48	3	19:25.5	27.2	2:21.7	5	44:17.6	17.6	1:37.6	5	28:47.1	9:17	1:36:29.7
6	104	Phillipe Moore	46	5	22:43.5	23.2	3:14.0	7	48:54.7	16.0	2:59.7	6	35:40.1	11:30	1:53:32.2
DNF	DNF	Gino Brasile	49	6	22:44.1	23.2	2:53.4	6	48:06.6	16.2	1:18.1				

\*Overall place among males only

Age Group Results

## Male 50 to 54

Place		Swim		T1	Bike		T2	Run		Total					
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>				
1	6	Bob Brown	53	2	17:02.7	31.0	1:27.2	1	34:06.9	22.9	0:58.6	1	22:05.0	7:07	1:15:40.7
2	13	Paul Hughes	50	1	16:02.0	32.9	2:02.1	3	37:10.5	21.0	0:57.6	3	24:23.5	7:52	1:20:35.9
3	14	Hector Garcia	52	6	18:38.8	28.3	1:51.1	2	35:51.4	21.8	1:03.0	2	23:12.0	7:29	1:20:36.5
4	25	Ben Foy	52	5	18:26.1	28.6	1:36.1	5	41:17.1	18.9	0:54.8	4	24:48.9	8:00	1:27:03.1
5	34	Alex Bishop	50	3	17:18.4	30.5	3:16.0	4	39:40.4	19.7	3:19.3	7	26:02.1	8:24	1:29:36.5
6	38	Rich Desser	52	4	18:23.5	28.7	2:20.1	7	42:38.7	18.3	1:27.5	6	25:47.1	8:19	1:30:37.0
7	43	Ed Kirk	50	11	19:38.8	26.9	1:35.7	8	43:51.8	17.8	1:48.6	5	25:21.7	8:11	1:32:16.7
8	55	Shane Bogan	51	7	18:50.3	28.0	2:27.1	6	42:20.9	18.4	1:22.0	8	29:02.6	9:22	1:34:03.1
9	80	Bruce Metge	54	8	19:00.8	27.8	2:44.5	9	45:59.2	17.0	1:59.9	9	32:20.5	10:26	1:42:05.1
10	101	Scott Arkills	50	9	19:19.9	27.3	3:34.6	10	46:03.0	16.9	2:56.9	10	39:44.7	12:49	1:51:39.3
DNF	DNF	Steven Chatlin	51	10	19:28.0	27.1	1:59.5								

## Male 55 to 59

Place		Swim		T1	Bike		T2	Run		Total					
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>				
1	42	Michael FitzGerald	55	2	22:33.2	23.4	3:11.4	2	43:53.9	17.8	1:05.7	1	21:06.9	6:48	1:31:51.3
2	59	John Bank	57	1	20:29.6	25.8	2:25.6	4	44:26.6	17.6	1:25.9	2	26:53.3	8:40	1:35:41.2
3	84	Kenneth Dunaway	56	3	24:07.1	21.9	4:12.1	1	43:25.9	18.0	1:47.6	3	29:35.2	9:33	1:43:08.0
4	91	Paul Zeller	59	6	26:06.9	20.2	2:54.4	3	43:59.9	17.7	2:21.6	5	31:05.0	10:02	1:46:28.0
5	102	Ellsworth Buell	58	8	35:07.5	15.0	2:07.0	5	44:52.2	17.4	1:35.5	4	29:37.4	9:33	1:53:19.7
6	105	Christopher Williams	58	4	24:17.1	21.7	2:22.9	6	46:49.8	16.7	1:43.6	8	38:35.7	12:27	1:53:49.3
7	108	Lawrence Rutledge	57	5	25:41.4	20.6	6:35.4	7	48:03.8	16.2	3:26.7	6	33:13.1	10:43	1:57:00.6
8	110	Mac Ramsey	59	7	26:57.6	19.6	3:21.0	8	49:52.2	15.6	1:23.6	7	37:56.5	12:14	1:59:31.0

\*Overall place among males only

Male 60 and over

Place			Swim				T1	Bike			T2	Run			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	23	John Elliot	72	2	24:15.7	21.8	1:09.4	1	37:13.6	21.0	0:50.0	1	22:51.4	7:22	1:26:20.4
2	92	Bob Crouthamel	61	1	21:49.2	24.2	3:10.5	2	47:15.8	16.5	0:51.3	2	33:25.4	10:47	1:46:32.3

\*Overall place among males only