

St. Ursula's 5K & Kids Fun Run

Rain or Shine

5K Run/Fun Run:

Saturday, October 23, 2010.

Race begins @ 9:00am @ St. Ursula School parking lot.

Under 10 Kids Fun Run begins @ 9:05am @ St. John's Church parking lot.

Entry Fee:

\$20 for all participants. **\$60 for families/parties of 4 or more (if registering as a group, please fill out separate entry forms and submit all forms as a package).**

* Make checks payable to St Ursula's.

* Mail entry form and fee to parish office @ 8801 Harford Rd., Parkville, MD. 21234 (cut-off for mail in payments is October 22nd).

Race Day Registration/Package Pick-Up:

St Ursula's School gymnasium beginning @ 7:00am on race day.

Contact Information:

Eric Estrada, Race Director

E-Mail: Abbydrew2@msn.com

Phone: 410-668-9692

Joe Smith, Race Director

Phone: 443-520-8299

Awards:

Awards to the top three male and female finishers; awards to the top three male/female winners in each of the following age groups, 15 and under, 16-19, 20-29, 30-39, 40-49, 50-59, and 60+. **(All children who participate in the Fun Run will receive a ribbon regardless of finish)**

****NEW*** Alumni Award to the top male and female finisher.

Course:

Out and back course starting and finishing at school parking lot. Two hills to contend with. Course is all downhill once you reach Parkville HS going towards the finish. Map Link: <http://www.gmap-pedometer.com/?r=3273442>

To Benefit:

All race proceeds will benefit St Ursula's Church, so please show your support!

Parking:

Please park in the St. Ursula Church parking lot.

Amenities:

T-shirts will be given out to the first 200 runners. Water will be provided on the race course and split times will also be available. Refreshments will be provided after the race in the school gym. **Also, random prizes will be drawn after the awards ceremony.**

Check us out on FaceBook, keyword "St Ursula's 5K"

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Age on race day _____ Sex: M _____ F _____

DOB ____/____/____

Day Phone _____ - _____ - _____ Eve Phone _____ - _____ - _____

Shirt size M _____ L _____ XL _____ Alumni Y _____ N _____

RACE # _____ (for official use only)

Waiver/Release Must be Signed Before Mailing:

In consideration of the acceptance of my entry, I, for myself, my executors administrators and assignees, do hereby release and discharge St Ursula Catholic Church, St Ursula Catholic School, The Archbishop of Baltimore Incorporated Sole, Baltimore County, Elite Race Management, Race Director, and all other sponsors, their agents, employees and volunteers of all claims, damages or actions whatsoever in any manner arising from my participation in said event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate. Permission is granted to use my name, photograph or likeness in connection with publicity for St Ursula Catholic Church or it's affiliates.

Signature (parent or guardian if under 18)

Date