

**2011 "Set the Pace with RAACE" 5k**  
**Proceeds Benefit the RAACE Foundation and the Fight Against Child Sexual Abuse**

**Date:** Sunday, April 10, 2011

**Location:** Cedar Lane Regional Park  
1100 Cedar Lane, Bel Air, MD 21015

**Start Time:** 8:00 AM (5k), 9:00 AM (Kids Run), 9:30 AM (Stroller Stride)

**Entry Fee:**

- 5k: \$25 until March 19<sup>th</sup>, \$30 until April 5<sup>th</sup>, \$35 Packet Pickup and Race Day Registration
- Kids Run: \$10 until April 5<sup>th</sup>, \$15 Packet Pickup and Race Day Registration
- Stroller Stride: \$10 until April 5<sup>th</sup>, \$15 Packet Pickup and Race Day Registration
  - Visit [www.EliteRaceManagement.com](http://www.EliteRaceManagement.com) for online registration through Active.com until April 5<sup>th</sup>
  - **Or** make checks **payable to RAACE Foundation** and mail checks to:  
**Elite Race Management • PO Box 44608 • Baltimore, MD 21236 (Please do not mail forms after April 5<sup>th</sup>)**

**Pre-Race Packet Pick Up:** Saturday, April 9<sup>th</sup> from 10:00 AM – 3:00 PM at RAACE Foundation Office  
Sunday, April 10<sup>th</sup> from 6:30 AM – 7:30 AM\* at Cedar Lane Regional Park  
\*5k registration/pickup will close at 7:30 AM, but kids and stroller events will remain open until 8:30 AM  
**The RAACE Foundation – 217 E. Jarrettsville Road, Suite 1, Forest Hill, MD 21050**

**Awards:**

Top 3 – Overall – Male & Female  
Top 3 / Age Group – Male & Female  
19 & Under, 20 – 24, 25 – 29, 30 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, and 60+

**Course:**

5K and 1 Mile courses through Cedar Lane Park on paved path and grass

**Amenities**

T-Shirt for each 5k and Kids Run participant, chip timing, random prizes, post-race refreshments and activities, water stop on 5k course, volunteers & signs throughout the course, onsite medical professionals

Timing and results by Elite Race Management

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**SET THE PACE WITH RAACE 5K - APRIL 10<sup>TH</sup>, 2011 – CEDAR LANE REGIONAL PARK – 8:00AM**  
*(Please use a separate form if registering more than one person)*

**Contact Info:**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ MI \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

ZIP Code: \_\_\_\_\_ E-mail Address \_\_\_\_\_ Telephone # \_\_\_\_\_

**Personal Info:**

Age on race day: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Male or Female: \_\_\_\_\_ T- Shirt Size\* (S/M/L/XL/XXL/3XL/4XL): \_\_\_\_\_

**Shirts for 5k & Kids Race Only**

**Entry Fees**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> <b>5k Race - \$25</b> (postmarked by 3/19)       | <input type="checkbox"/> <b>Kids Run - \$10</b> (postmarked by 4/5)        | <input type="checkbox"/> <b>Stroller Stride - \$10</b> (postmarked by 4/5)        |
| <input type="checkbox"/> <b>5k Race - \$30</b> (postmarked by 4/5)        | <input type="checkbox"/> <b>Kids Run - \$15</b> (Packet Pickup & Race Day) | <input type="checkbox"/> <b>Stroller Stride - \$15</b> (Packet Pickup & Race Day) |
| <input type="checkbox"/> <b>5k Race - \$35</b> (Packet Pickup & Race Day) |  |   |

**Waiver/Release Must Be Signed Before Mailing:**

In consideration of the acceptance of my entry, I, on behalf of myself, my heirs, executors and assignees, hereby release and discharge the RAACE Foundation, the race director, Cedar Lane Regional Park, Elite Race Management, LLC, volunteers and race sponsors of all claims, damages, demand, actions, whatsoever in any manner arising out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate. Further, I hereby grant full permission to any and all of the foregoing to use my name, photographs, videotapes, motion pictures, recordings or other record of this event for any legitimate purpose, without compensation or remuneration.

\_\_\_\_\_  
**Signature** (parent or guardian signature if under18)

\_\_\_\_\_  
**Date**

\*T-shirt size only guaranteed for early and regular registrants