

## Registration Form

Please complete this form and return it with payment to:

The Arena Club  
2304 Churchville Road  
Bel Air, Maryland 21015

*Please make checks payable to  
The Arena Club.*

Name: \_\_\_\_\_

Age (day of race): \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Are you a member of The Arena Club?

Yes  No

Credit Card Type \_\_\_\_\_

Credit Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_

Total Amount \_\_\_\_\_

WAIVER: In the consideration of the acceptance of my entry, I for myself, my executors, administrators, and assignors, do hereby release and discharge The Arena Club, Elite Race Management, all sponsors, Town of Bel Air, Harford Community College, the race director and staff of all claims of damages, demands, actions whatsoever in any manner arising out of my participation in this event. I attest that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event.

Signature: \_\_\_\_\_

For additional information, please contact  
Recreation Director, Chris Fielder, at 410-734-7300  
or [cfielder@thearenaclub.com](mailto:cfielder@thearenaclub.com)!

**Thank You For Your Support!**



The poster for the Monster Dash 5K event has a black background. At the top, there are two large, green, stylized eyes with radiating lines, resembling a monster's eyes. Below the eyes, the text "MONSTER DASH 5K" is written in a large, bold, black, distressed font with a white outline. Underneath that, the phrase "IF YOU DARE" is written in a smaller, bold, green, distressed font. In the lower half of the poster, the date "October 23, 2011" is written in a large, bold, green font. Below the date, "5k Run/1 Mile Walk" is written in a bold, white font. At the bottom, the text "To Benefit The Coalition For A Healthy Maryland" is written in a smaller, white font. The logo for The Arena Club, featuring a stylized starburst and the text "the Arena club", is positioned at the bottom right of the poster.



**October 23, 2011**

**Door prizes  
Refreshments  
Music  
Costume Contest  
And More!**

**MONSTER  
DASH 5K  
IF YOU DARE**

## Race Details

**1 Mile Walk/5k Run**

**Sunday, October 23, 2011**

**8:30 am - 12:00 pm**

*(Race will promptly begin at 8:30 am)*

**Warm Up 8:00 am**

*(on The Arena Club Field)*

The Arena Club is proud to host a **Monster Dash 5k Run/Walk** to benefit The Coalition For A Healthy Maryland.

The run will begin at The Arena Club and continue through the beautiful campus of Harford Community College.

## Minimum Donation

**\$10 for 1 Mile Walk**

*(No t-shirt for walkers)*

**\$25 for 5k Run**

*(Please make checks payable to The Arena Club.)*

## Prizes/Events

Following the race, there will be refreshments, door prizes, music, and a costume contest for participants and their families at The Arena Club. Prizes will be also be awarded to the top male and top female finishers in each age group.

### **Age Groups:**

14 & Under, 15-19, 20-29,  
30-39, 40-49, 50-59, 60+

## Registration

**Register by October 14, 2011 to guarantee receipt of a t-shirt!**

Register online at [www.thearenaclub.com](http://www.thearenaclub.com) or by completing the attached form and returning it to:

**The Arena Club**  
2304 Churchville Road  
Bel Air, Maryland 21015

## Contact Info

For more information, please contact Chris Fielder at 410-734-7300.

## The Coalition For A Healthy Maryland

**The Coalition For A Healthy Maryland** is a collaboration of Maryland businesses, health clubs, insurers, non-profit associations and individuals determined to improve the health of our State.

Our mission is to promote prevention—the real answer to the obesity epidemic and the spiraling health care costs. We plan to assemble, propose, and pass legislation establishing a tax incentive to Marylanders for behavior changes and expenditures that lead to a healthy lifestyle.

*The Arena Club is proud to support The Coalition and their mission!*

